

ALL ABOUT ME

Information for my teacher on my first day at Acorn Nursery

My name is: _____

What I need to bring:

- Water Bottle
- Snacks for breakfast and lunch in a bag or lunch box
- Spare clothes (2 sets)
- Sun hat
- Nappies / pull-ups
- Nappy rash cream
- Sun cream
- Wet wipes / cotton wool

All should be labelled with my name and placed in my storage box.

Words I use that may help my teacher:

I am learning to use the toilet!

I can ask to go to the toilet Yes / No
I sit / stand to use the toilet Sit / Stand
I need help pulling my clothes up/down Yes / No
I use these words when I need to go

My usual sleep routine:

I take naps at: _____

Max. sleep duration:

I like to sleep with a:

My eating routine :

(tick any that apply)

- ☐ I need help using knife/fork/spoon
- ☐ I love food & eat everything
- ☐ I need encouragement eating

What I like to do at home ...

What gives me comfort ..

Any other comments / concerns?

Handwriting practice lines on a notebook page. The page contains 20 horizontal dashed lines for writing practice, arranged in 10 pairs.

FOR MORE INFORMATION

www.acornriyadh.com, +966 50 133 4931, +966 56 546 4105, acornriyadh@gmail.com